

WATER AEROBICS CALENDAR Effective November 1, 2013

(The following classes are included in the monthly class pass and are available for individuals searching for a drop-in class each week).

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
		<i>9a-9:45a Deep Water Aerobics (Leslie)</i>	<i>9a-9:45a Water Arthritis (Leslie)</i>		<i>9a-9:45a Water Arthritis (Leslie)</i>	<i>9a-9:45a H2O Boot Camp (Monique)</i>
<i>12p-12:45p Deep Water Aerobics (Monique)</i>			<i>10a-10:45a Water Aerobics (Barb)</i>		<i>10a-10:45a Water Aerobics (Leslie)</i>	<i>10a-10:45a Deep Water Aerobics (Monique)</i>
		<i>6p-6:45p Water Aerobics (Monique)</i>		<i>6p-6:45p Water Aerobics (Monique)</i>		

Group Fitness

All classes on this calendar are done on a drop-in format.

Per class fee: \$4 / members and \$7 / non-members

Punch cards available (10 classes): \$35 / members and \$65 / non-members

Class Schedule is subject to change.