



# 200 Miles to Celebrate Lorain County's 200 Years



Lorain County Metro Parks (LCMP) invites you to join us in celebrating the bicentennial of Lorain County! Beginning April 1, 2023, we will kick off our *200 Miles for 200 Years* hiking program to encourage residents to hike a LCMP trail and enjoy our county's natural resources. Much of our county's natural history is on display every day at our parks. These natural wonders include the falls at Cascade Park, shale cliffs at Vermilion River Reservation, Windfall Quarry Trail at Indian Hollow Reservation, the beautiful shores of Lake Erie at Lakeview Park, and countless more scenic views.

The *200 Miles for 200 Years* hiking program is a year-long program that asks county residents to track their miles. Then, in May 2024 (the culmination of the county's bicentennial celebration), participants will turn in their tracking form to receive a commemorative hiking badge. The *200 Miles for 200 Years* hiking program only requires that the 200 miles are completed at Lorain County Metro Parks. Miles can be completed by walking, running, or biking.

This program will run in conjunction with our annual Hiking Stick Program, which runs from April 1- June 30 each year. Hiking Stick Program participants earn a hiking stick (first-year participants only) and a metal badge each year for completing ten hikes at six different parks. This year, those hikes can also count towards the larger program *200 Miles for 200 Years*. Both the Hiking Stick Program and our bicentennial initiative allow residents to complete self-guided or naturalist-led hikes. Staff signatures are not required to verify completion.

Hiking Sticks are sourced locally and responsibly by LCMP conservation team members and will be available to first-time hiking participants on a first-come, first-served basis. Sticks are lightly sanded and lacquered to preserve their integrity for years to come. The annual Hiking Stick Program badge and the bicentennial *200 Miles for 200 Years* badge will be a thin bendable metal badge that can be adhered to the hiking stick using small nails or adhesive. Qualification for the Hiking Stick Program requires additional/separate documentation. For the form and more details on the 2023 Hiking Stick Program, visit [www.loraincountymetroparks.com/trails](http://www.loraincountymetroparks.com/trails).

Participants in the *200 Miles for 200 Years* hiking program must complete the attached form with 200 documented miles and submit it to the LCMP Administration Office by April 1, 2024, to receive the commemorative badge. Participants are also encouraged to share selfies and snapshots of their journey by posting hiking photos on social media with the hashtag #LorainCounty200.

## 200 Miles for 200 Years

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## 200 Miles for 200 Years

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