

# Amherst HealthPlex Pool Schedule

## October 1 - October 30

Schedule may be subject to change

Revised: October 1, 2018

Date & Times	Main Pool	Therapy Pool	Spa/Hot Tub	Water Slide	Splash Pad
<b>SUNDAY</b>					
12:00pm - 2:00pm	Laps(4)-Family Swim/LTS(1)	Open - Ages 8 & Above	Open	Open	Closed
2:00pm - 3:30pm	Laps(3)-Family Swim/LTS(1) / Lorain SO (2)	Open - Adults Only	Open	Open	Closed
3:30pm - 4:45pm	Laps(4)	Open - Adults Only	Open	Open	Closed
4:45pm - 5:00pm	Closed	Closed	Closed	Closed	Closed
<b>MONDAY</b>					
6:00am - 8:00am	Laps(4)	Open - Adults Only	Open	Closed	Closed
8:00am - 8:45am	Laps(4)-Walking	Closed - Mercy	Closed - Mercy	Closed	Closed
8:45am - 9:00am	Laps(4)	Closed - Mercy	Closed - Mercy	Closed	Closed
9:00am - 9:45am	Laps(4)-Shallow Water	Closed - Mercy	Closed - Mercy	Closed	Closed
9:45am - 10:00am	Laps(4)	Closed - Mercy	Closed - Mercy	Closed	Closed
10:00am - 10:45am	Laps(4)-Deep Water	Closed - Mercy	Closed - Mercy	Closed	Closed
10:45am - 12:00pm	Laps(4)	Closed - Mercy	Closed - Mercy	Closed	Closed
12:00pm - 4:00pm	Laps(5)-Family Swim	Closed - Mercy	Closed - Mercy	Closed	Closed
4:00pm - 5:30pm	Laps(2)-Family Swim / Amherst Swim (4)	Open - Adults Only	Open	Closed	Closed
5:30pm - 7:00pm	Laps(5)-Family Swim	Open - Adults Only	Open	Closed	Closed
7:00pm - 7:45pm	Laps(5)-Family Swim	Open - Adults Only	Open	Closed	Closed
7:45pm - 8:00pm	Closed	Closed	Closed	Closed	Closed
<b>TUESDAY</b>					
6:00am - 8:00am	Laps(3) / Amherst Swim (2)	Open - Adults Only	Open	Closed	Closed
8:00am - 8:45am	Laps(5)	Closed - Water Arthritis	Closed - Mercy	Closed	Closed
8:45am - 9:00am	Laps(5)	Closed - Mercy	Closed - Mercy	Closed	Closed
9:00am - 9:45am	Laps(5)	Closed - Water Arthritis	Closed - Mercy	Closed	Closed
9:45am - 10:00am	Laps(5)	Closed - Mercy	Closed - Mercy	Closed	Closed
10:00am - 12:00pm	Laps(5)	Closed - Mercy	Closed - Mercy	Closed	Closed
12:00pm - 12:30pm	Laps(5)-Family Swim	Closed - Mercy	Closed - Mercy	Closed	Closed
12:30pm - 1:30pm	Laps(3)/Murray Ridge(2)/Family Swim	Closed - Mercy	Closed - Mercy	Closed	Closed
1:30pm - 3:00pm	Laps(5)-Family Swim	Closed - Mercy	Closed - Mercy	Closed	Closed
3:00pm-4:00pm	Laps (2) - Family Swim / Amherst TF (4)				
4:00pm - 5:30pm	Laps(2)-Family Swim/ Amherst Swim (4)	Closed - Mercy	Closed - Mercy	Closed	Closed
5:30pm - 6:00pm	Laps(5)-Family Swim/	Open - Adults Only	Open	Closed	Closed
6:00pm - 7:00pm	Laps(5)-Family Swim	Open - Adults Only	Open	Closed	Closed
7:00pm - 7:45pm	Laps(5)-Family Swim	Open - Adults Only	Open	Closed	Closed
7:45pm - 8:00pm	Closed	Closed	Closed	Closed	Closed
<b>WEDNESDAY</b>					
6:00am - 8:00am	Laps(3) / Amherst Swim (2)	Open - Adults Only	Open	Closed	Closed
8:00am - 8:45am	Laps(4)-Shallow Water	Closed - Mercy	Closed - Mercy	Closed	Closed
8:45am - 9:00am	Laps(4)	Closed - Mercy	Closed - Mercy	Closed	Closed
9:00am - 9:45am	Laps(4)-Shallow Water	Closed - Mercy	Closed - Mercy	Closed	Closed
9:45am - 10:00am	Laps(4)	Closed - Mercy	Closed - Mercy	Closed	Closed
10:00am - 10:45am	Laps(4)-Deep Water	Closed - Mercy	Closed - Mercy	Closed	Closed
10:45am - 12:00pm	Laps(5)	Closed - Mercy	Closed - Mercy	Closed	Closed
12:00pm - 3:30PM	Laps(5)-Family Swim	Closed - Mercy	Closed - Mercy	Closed	Closed
3:30pm-5:30pm	Laps (2) - Family Swim / Amherst Swim (4)	Closed - Mercy	Closed - Mercy	Closed	Closed
5:30pm - 7:45pm	Laps(4)-Family Swim / Amherst SO (2)	Open - Adults Only	Open	Closed	Closed
7:45pm - 8:00pm	Closed	Closed	Closed	Closed	Closed
<b>THURSDAY</b>					
6:00am - 8:00am	Laps(5) / Amherst Swim (2)	Open - Adults Only	Open	Closed	Closed
8:00am - 8:45am	Laps(5)	Closed - Water Arthritis	Closed - Mercy	Closed	Closed
8:45am - 9:00am	Laps(5)	Closed - Mercy	Closed - Mercy	Closed	Closed
9:00am - 9:45am	Laps(5)	Closed - Water Arthritis	Closed - Mercy	Closed	Closed
9:45am - 10:00am	Laps(5)	Closed - Mercy	Closed - Mercy	Closed	Closed
10:00am - 11:00am	Laps(5)	Closed - Mercy	Closed - Mercy	Closed	Closed
11:00am - 12:00pm	Laps(3)-Lucy Idol(2)	Closed - Mercy	Closed - Mercy	Closed	Closed
12:00pm - 3:30pm	Laps(5)-Family Swim	Closed - Mercy	Closed - Mercy	Closed	Closed
3:30pm - 5:30pm	Laps(2)-Family Swim/Amherst Swim(4)	Closed - Mercy	Closed - Mercy	Closed	Closed
5:30pm-6:00pm	Laps(5)-Family Swim	Open - Adults Only	Open	Closed	Closed
6:00pm - 7:00pm	Laps(5)-Family Swim	Open - Adults Only	Open	Closed	Closed
7:00pm - 7:45pm	Laps(5)-Family Swim	Open - Adults Only	Open	Closed	Closed
7:45pm - 8:00pm	Closed	Closed	Closed	Closed	Closed
<b>FRIDAY</b>					
6:00am - 8:00am	Laps(4)	Open - Adults Only	Open	Closed	Closed
8:00am - 8:45am	Laps(4)	Closed - Water Arthritis	Closed - Mercy	Closed	Closed
8:45am - 9:00am	Laps(4)	Closed - Mercy	Closed - Mercy	Closed	Closed
9:00am - 9:45am	Laps(4)	Closed - Water Arthritis	Closed - Mercy	Closed	Closed
9:45am - 10:00am	Laps(4)	Closed - Mercy	Closed - Mercy	Closed	Closed
10:00am - 10:45am	Laps(4)-Walking	Closed - Mercy	Closed - Mercy	Closed	Closed
10:45am - 12:00pm	Laps(5)	Closed - Mercy	Closed - Mercy	Closed	Closed
12:00pm - 4:00pm	Laps(5)-Family Swim	Closed - Mercy	Closed - Mercy	Closed	Closed
3:30pm-5:30pm	Laps(2) - Family Swim / Amherst Swim (4)	Open - Adults Only	Open	Closed	Closed
5:30pm - 7:45pm	Laps(5) - Family Swim	Open - Adults Only	Open	Closed	Closed
7:45pm - 8:00pm	Closed	Closed	Closed	Closed	Closed
<b>SATURDAY</b>					
8:00am - 12:00pm	Laps(4)-LTS(1)	Open - Adults Only	Open	Closed	Closed
12:00pm - 2:00pm	Laps(5)-Family Swim	Open - Ages 8 & Above	Open	Open	Closed
2:00pm - 7:45pm	Laps(5)-Family Swim	Open - Adults Only	Open	Open	Closed
7:45pm - 8:00pm	Closed	Closed	Closed	Closed	Closed

Children under the age of 14 are prohibited from using the Hot Tub  
 Children between the ages of 8-17 can use the Therapy Pool on Saturday's & Sunday's from 12-2pm  
 Children under the age of 18 are prohibited from using the Therapy Pool  
 Lockers Rooms will be closed for cleaning on Monday's, Wednesday's & Friday's (Men's 12-1pm & Women's 1-2pm)  
 Splash Pad OPENS on Saturday, May 26th

Laps(4) = Number of laps lanes open to the public  
 LTS= Learn to Swim Program  
 Family Swim= Open Swim (under 18 permitted)  
 Water Arthritis= Water Arthritis Class (4' area)  
 Walking= Water Walking Class

Shallow Water = Water Exercise (4' Area)  
 Deep Water = Deep Water Exercise (6' Area)  
 Ages 8 & Above= 8 years & older Only  
 Adults Only= 18 years & older Only  
 Mercy= Mercy Hospital Water Therapy  
 Amherst TF = Amherst HS Track & Field

LTS= Learn to Swim Program  
 Murray Ridge= Murray Ridge Center  
 Amherst SO = Special Olympics Swim Team  
 Amherst Swim = ASHS Swim Team  
 Lorain SO = Special Olympics Swim Team  
 Lucy Idol= Lucy Idol Center

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